HELSE norge

Health services where you are

Easy contact at Helsenorge

Keep track of your own health

Log in with the Helsenorge app or on helsenorge.no and get access to services you can use.

Appointments

Appointments with the health service.

Inbox

Messages and letters from the health service.

Medicines

Prescriptions for medicines and medical devices.

Tools

Courses and other tools for learning and life skills.

Exemption card and user fees

Registered user fees and exemption card status.

Patient record

Medical records from hospitals.

Test results

Results of tests and examinations from hospitals.

Everything in one place

At Helsenorge you will find useful information and services that help you keep track of your health. When you log in to Helsenorge, you can send and receive messages from your GP, hospital or home care service. You can view and edit your appointments in your calendar. You can renew prescriptions, view some test results and read what is in your patient records from the hospital.

If you find it difficult to use the services at Helsenorge, you can easily authorise someone else who can help you with this.

Easier login

Download and log in with the Helsenorge app. This gives you shortcuts to all the services you have access to on Helsenorge.

Find out about the Helsenorge app at:

helsenorge.no/helsenorge-appen

Do you have any questions about the services at Helsenorge?

Guidance Helsenorge answers questions and helps you find your way around Helsenorge.

Contact us at:

Telephone: 23 32 70 00